



Tel: 604-273-5722 | **Fax:** 604-273-5762 | **Toll Free:** 1-866-273-5766 | **Toll Free Fax:** 1-866-273-5762
105 - 21900 Westminster Hwy., Richmond, BC V6V 0A8
info@apbc.ca | www.apbc.ca

October 3, 2018

Dear Members;

Re: Additional Spots added to Sleep Training Seminar

An additional 9 spots have been added to the Circadian Rhythm & Sleep Training Seminar. The course attracts 13 CME credits and is free for our members to attend (shift coverage, mileage, accommodation and meals not included).

The course is a comprehensive two-day seminar covering everything shift workers need to know about circadian rhythms and sleep in order to protect themselves from health hazards associated with shift work.

Please click on the following link for more information and to reserve tickets:

<https://circadiansleeptrainingkelowna.eventbrite.ca/>

October 10 – 11, Kelowna BC

Sincerely,

Lindsay Kellosalmi
CISM, Chair
CUPE Local 873

/sd/MoveUp